

UAND ANNUAL CONFERENCE AGENDA

Friday, April 19, 7:15am-4:30pm



TIME	ACTIVITY	CEU	LOCATION
7:15-8:00	Morning Social, Breakfast, & Registration - Thank you Utah State University		Atrium/ Ballroom
8:00-8:15	Welcome and Announcements		Ballroom
8:15-9:15	General Session Heather Lieber: <i>Glass Half Full: How Positive Psychology Can Enrich Your Nutrition Counseling</i>	1.0	Ballroom
9:20-10:20	Breakout Sessions Raquel Durban: <i>Meal Planning and Food Allergies</i>	1.0	Lawn Tent
	Jenna Dyckman: <i>Creating a Healthier Utah: Partnering Dietetic Practice with USU Extension</i>	1.0	Amphitheater
	Katie Robinson: <i>Nutrition Optimization During Transitions of Care: What Happens After Discharge?</i>	1.0	Ballroom
10:30-11:30	General Session - Thank you Utah Beef Council Amy Goodson: <i>Cultivating Collaboration: Bridging the Gap Between Nutrition Philosophies</i>	1.0	Ballroom
11:30-12:25	Lunch - Thank you Utah Beef Council Board Meeting - All are welcome to attend Exhibitors		Ballroom Atrium
12:25-1:15	Improv Comedy The Belvedeers Exhibitors		Ballroom Atrium
1:20-2:20	Breakout Sessions Annie Ayre: <i>The Relationship Between the Mediterranean Diet and Rheumatoid Arthritis</i>	1.0	Ballroom
	Carissa Christensen: <i>Reducing Food Waste One Partnership at a Time</i>	1.0	Amphitheater
	Heather Lieber and Hannah Langley: <i>Concept to Cart: Translating Nutrition Recommendations into Grocery Lists</i>	1.0	Lawn Tent
2:20-3:20	Break + Exhibitors + Posters		Atrium
3:20-4:20	General Session Alyssa Reidhead: <i>The Art of Negotiation: Communication with Results!</i>	1.0	Ballroom
4:20-4:30	Announcements + Closing Remarks		Ballroom
5:00-6:00	Optional Activity Gina R. Ward & Hiram Wigant: <i>The "Ss" of IDDSI: Best Practices indicated by Science and Standardization!</i>	1.0	Summit View

UAND ANNUAL CONFERENCE AGENDA

Saturday, April 20, 7:15am-4:00pm



TIME	ACTIVITY	CEU	LOCATION
7:15-8:00	Morning Social, Breakfast and Registration		Atrium/Ballroom
8:00-8:15	Welcome and Announcements		Ballroom
8:15-9:15	General Session Deonne Johnson: <i>Discover your Dreams: Let your Values Drive your Decisions</i>	1.0	Ballroom
9:20-10:20	General Session Nica Clark, Danielle Perez, Jeremiah McGuire, Gina Ward: <i>Empowering Nutrition & Dietetics Practice in Utah: Policy, Advocacy, and the Interstate Compact</i>	1.0	Ballroom
10:20-10:35	Break		
10:35-11:35	Breakout Sessions Amy Goodson: <i>Fueling Athletes On Popular Diets</i>	1.0	Lawn Tent
	Susan Saffel-Shrier: <i>Comprehensive Malnutrition Assessment for Older Adults</i>	1.0	Summit View
	Jennifer Wilke: <i>Nutritional Rehabilitation for Eating Disorders</i>	1.0	Ballroom
11:35-12:20	Awards Luncheon		Atrium / Ballroom
12:20-1:20	General Session - Thank you Dairy West Russ Kohler, J. Earl Creech, Sara Patterson, Curtis Rowley, Marissa Watson (Moderator): <i>Collaborative Agriculture: Working Together for a Sustainable Tomorrow</i>	1.0	Ballroom
1:20-1:35	Break		
1:35-2:35	Breakout Sessions Sherrie McMullin, Miranda Rogers, Jennie Lueckler: <i>Telenutrition in Acute Care Hospitals: Meeting the Needs of Patients and Caregivers in a Changing Healthcare Landscape</i>	1.0	Ballroom
	Brittany Poulson: <i>Recipe Writing 101: How and Why for Publishing Recipes</i>	1.0	Summit View
	Ali Spencer: <i>Improving Your Communication: Saying More with Less</i>	1.0	Lawn Tent
2:40-3:40	Breakout Sessions Jennifer Bowden: <i>Improving Surgery Outcomes through Perioperative Nutrition</i>	1.0	Lawn Tent
	Hannah Belcher: <i>Dietitians, Drugs, and Diversifying Practice: The Need for Nutrition Professionals Amid Utah's Silent Health Crisis</i>	1.0	Ballroom
	Diane Andrea: <i>Opportunities in Corporate Wellness</i>	1.0	Summit View
3:40-4:00	Closing Remarks; Conference adjourns for the year		Ballroom